

Sukungazihoyi ezi mpawu

Isenokuba ngumhlaza wamathumbu.
Ukufumanisa umhlaza kwangethuba kunokusindisa ubomi.



Utshintsho kwelindle okungaphezulu
kweeveki ezintathu – ukuya rhoqo,
ukuhambisa, ukuqhinwa

Ndwendwela ikloniki yasekuhlaleni okanye unompilo
wasekuhlaleni nokuba awuxhalabanga.

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Ukopha ezimpundwini
okanye ilindle elinegazi

Ndwendwela ikloniki yasekuhlaleni okanye unompilo
wasekuhlaleni nokuba awuxhalabanga.

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Ukwehla komzimba okukhawlezileyo
nokungenangcaciso kunye nokuzehlela
komzimba ngaphandle kwenzame

Ndwendwela iklinike yasekuhlaleni okanye unompilo
wasekuhlaleni nokuba awuxhalabanga.

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Ukungakhululeki esiswini sakho
njengamazantsi esisu, intlungu
okanye ukuqunjelwa okungapheliyo

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Ukusoloko udiniwe, uphelelwe
ngamandla nokuba uphumle
ngokwaneleyo

Ndwendwela ikliniki yasekuhlaleni okanye unompilo
wasekuhlaleni nokuba awuxhalabanga.